# **Pocket Lyrics**

# THIS ROAD I'M ON 3:49 © 2001 & 2013 by Greg Benedetto

VERSE: When I wake up in the morning -- and take

my first step outside My mind is flowing with possibilities -- and I'm half-excited, half-terrified I'm looking back at the choices I have made

The scenes play time and time again Then I turn the corner and I see what lies ahead It's all one big adventure as I face another day

#### CHORUS:

This road I'm on to where I'm bound From where I've been, I'm lost and found I'm always there - I can slow down but I can't stray, or turn around because there's nothing I can do to change the past

I can only learn and hold the lessons fast The song goes on, as I move along this road I'm on

#### VERSE:

I could just hang my head in sorrow and say it just is not my day But then I would not see tomorrow - I'd

miss the good that came my way As I encounter situations - what do I see? Is this what I've been waiting for? I could just close my eyes and hope it

goes away But something's calling me to walk on through that open door

#### I AM NOT MY BODY 3:20

© 2011 & 2013 Greg Benedetto CHORUS: I am not my body – I am not my thighs\* (eyes, etc. fill in the blank) What you may see before you is a part of my disguise Once you really get to know me, and see my inner soul You may have a glimpse of what it is that makes me whole VERSE: Where'd we lose track - it's time to get our inner sight back

See who we are before we get to

- going too far I see in you the being that is trying
- to come through
- Eye to eye toe to toe heart to heart soul to soul

One to one - to one and all CHORUS 2:

- I am not my body I am not my style What I dye and nip and tuck will be gone
- in a little while But I am more than flesh and bone -
- I am shining bright Now look around and see each others'
- lives becoming light VERSE:
- A good friend of mine put a different
- thought in my mind
- What you see when you look at me -
- It's given me a new reality To see what's in you the being that is

trying to come through I see you – you see when you see what I see And we'll see what we truly are I am not my body, etc.

#### MY KIND OF PEOPLE 4:45 © 2002 & 2013 Greg Benedetto

#### VERSE:

So many kinds of people make our world You didn't choose your lifestyle for it chose vou

By judging one as wrong or even

judging one at all We are prisoners of our own fear CHORUS:

- You're my kind of people, living your own kind of life You're not afraid to be just who you are
- If you're willing to stand up and stand alone - not stand apart
- You stand side by side with me in the art Of being my kind of people -- my kind

#### of people VERSE:

Some may fear what is different than them Or what is far beyond their understanding Handed down through generations replicated in our minds Let's celebrate a new paradigm

#### CHANT: Intolerance is ignorance

Preiudice is blindness Discrimination nullifies the hope of human kindness VERSE : I don't see the color of your skin

I don't see your sexual orientation I don't see your religion – I don't see your beliefs All I see is your light within

#### WHEREVER I'M HEADED, I'M HEADED THERE 2:37 © 2010 and 2013 Greg Benedetto

VERSE:

I know a man who got himself a really nice car It has a GPS so he won't stray too far He calls her Bitchy Betty 'cuz that's what she'll do If he goes a different route than what she tells him to He just has a feeling if he follows his nose In a matter of time he'll get where he must go And even if his Bitchy Betty disagrees At least she provides him with some company CHORUS: We'll throw the map out the window, don't look at no signs Turn off the GPS - it'll be just fine My inner voice is taking me somewhere So, wherever I'm headed, I'm headed there

VERSE 2: Oh, when I was a boy I had me so much fun I would wander the woods and follow the sun I didn't use my compass 'cuz I didn't really care I just kept walking until I got there Now many times I think about the choices I make And I trust my gut for the right road to take It may not be logical – it may be insane But it's usually the choice with the least

## amount of pain I'M STILL HERE 3:54

© 2013 Greg Benedetto Surely, mine is the last voice you'd expect to hear right now But in the quiet of your mind, the door was open So, please don't mind if I come in and make myself at home To tell you what I know and where I've been You see, I have felt your sadness I have watched you in your grief And it saddens me to see you in this way So, please don't mind if I begin – there's so much that I could say To tell you where I am and what I've seen CHORUS: I'm still here – I never left you Think of me as right beside you After all that we've been through How could I go (where would I go) I can see what you see, feel what you feel Know that both your life and my life are real I am there – you are here Final time: Only love, never fear, I'm still here VFRSF: The veil that comes between us Is a whisper, nothing more Between this life and the other There is nothing more to understand There is nothing but believing Don't waste any more time a-grieving BRIDGE: You might say, "Is this all in my mind?

I would say, "Why, of course it is so. But just because it's in your mind Doesn't mean it's not real, don't you know?'

#### A MATTER OF TRUST 3:45 © 2012 & 2013 Greg Benedetto

VERSE: There's a presence deep within me And it seems to always be there But when something happens to me, or comes my way I sometimes wonder how I managed, how this came to be CHORUS: It's a matter of trust When the voice is calling It's just a matter of trust

# This Road I'm On

#### To know that it is true VERSE: When you find yourself conflicted Do you doubt yourself sometimes Or do you just go on, avoiding the decision And yet, something's nagging, tugging at your sleeve BRIDGE: Give up resistance - embrace the persistence You'll know when you're on the mark Don't touch that dial – it could help for a while

# Talk less and listen now

TAKE THESE GUNS 2:34 © 2003 & 2013 Greg Benedetto

CHORUS: Take this gun away, I pray Take this gun away Take this weapon from my hand Take this gun away When I use this gun in anger or greed Then my soul dies and my heart bleeds Take this gun away, I pray Take this gun away Fill my heart with love and peace Take this gun away Let the violence within me cease Take this gun away There's another way, yes, I believe I pray to God, my pain relieve Take this gun away, I pray Take this gun away VERSE: I used a gun to steal a car That car didn't get me very far I shot a gun to celebrate The bullet killed a child of fate I pointed my gun to steal some cash To buy some drugs and get me trashed I did the crime - now I'm doing time Doing time's no friend of mine Time to think about my mistakes And the innocent lives that I did take

#### I SAYYES 2:55

© 2010 & 2013 Greg Benedetto I say yes....Oh I say yes. CHORUS: Yes to consciousness - yes to my true friends Yes to nature's music - yes to the road that bends Oh I say, yes to loving you, yes to loving me Yes to believing, and yes to integrity VERSE: Sometimes my mouth - charges ahead of my brain I swear I'll catch myself, but then I do it again I say "no" before I know it - I got to turn it around I'm making a commitment, and putting my foot down, as I say CHORUS 2: Yes to vision, yes to spontaneity Yes to being challenged, and yes to being free Oh, I say, yes to youthfulness, yes to the child in me Yes to experience, and yes to what is to be VERSE: No one can stop me, though they may analyze You don't know 'til you see - through others' eyes No one can stop me, 'cept for myself It's time to put excuses - up on the shelf, so I sav. CHORÚS 3: Yes to freedom, yes to the sun above Yes to self expression, and yes to agape love Oh I say, yes to happiness - yes to my fellow man Yes to my divinity - yes we can, yes we can sav Yes to the unexpected, yes to the never before Yes to the uncomfortable, and yes to less is more Oh I say, yes to the renaissance, yes to unity Yes to awareness, and Yes to my brothers, yes to each other, and yes to humanity!

## FLYING HIGH 4:28

© 1995 & 2013 Greg Benedetto VERSE: Everywhere I look I see the storm clouds coming on

Rumbling loud and dark along the way It seems I need to see the light but there's no happy end in sight But in my mind's eye I can see a place where I can go and just be me CHORUS: I'm flying high above the shadows, the troubled waters far below I'm flying high above the raging clouds that keep the others flying so-lo Now, you, too, can join me - it's in your power to choose The strength that we could share would surely Burn away the clouds and set us free VERSE: Different situations - same conclusions Choices to be made day after day Do I go along with them who mean well but don't understand The reason I need to rise above The darkened thoughts so I can just see love BRIDGE: The path we take - is our own It's been that way - all along Fellow travelers who've lost their way Don't let them interfere - fly straight and clear There's one true voice that is at your command The one you can depend on - to take your hand TAG: Set us free - set us free - set us free - set us free

**RESOLUTIONS** 3:10 © 2011 & 2013 Greg Benedetto

Set us free

VERSE: Gonna spend more time with family and get to know my friends Gonna spend more time with others than myself Write my bucket list and do half the things l never do And take my dusty dreams up off the shelf I'm gonna lose a bunch of weight - gonna get myself in shape Love the way I look and feel from now on Gonna throw away some junk - gonna empty out my trunk Finally organize my clutter 'til it's gone. CHORUS: I've got some New Year's resolutions It's a kind of institution All it takes is some execution in the coming year Beneath the rubble of my stuff, there is a diamond in the rough I'll see the meaning of my life come shining through VERSE: Gonna burn up all those cigarettes and wash away the pills Get addicted to a healthy attitude Volunteer in my community and discover something new Bathe myself in love and gratitude Gonna pay off all my debts Gonna give more than I get Be more prosperous and generous and kind Gonna finish what I start

Put my music on the charts That'd be one giant leap for this mankind CHORUS:

- We've got some New Year's resolutions It's a kind of an institution
- All it takes is some execution in the
- coming year Beneath the rubble of our stuff, there is a diamond in the rough So let the meaning of your life come shining through TAG:

Gonna give up procrastination I've been putting it off too long I'll see the meaning of my life come shining through So let the meaning of your life come shining through

#### EVERYTHING 3:13

© 2010 & 2013 Greg Benedetto VERSE: I don't have a house on the ocean – I don't have all the shiny things I have some money, and it may sound funny But, it isn't all there is for me You see, I have the love of my life and I'm doing what I love to do Add my faith and beliefs, it's a sure recipe

# Greg Benedetto

For happiness for me and you CHORUS:

- I have everything, everything I need right now
  - If you shut the door, I wouldn't need

any more in my life I could worry about the future, and plan for catastrophe

Or take what I've got, yes, it's a heck of a lot And it's enough for you and me

- I have everything, everything I need
- right now VFRSF:

Some call it the law of attraction, and that sounds attractive to me

- When we let all our stuff get us stuck
- in the rough It feels impossible to break free
- Well, don't you lose faith abundance

is yours for a song

- On the other side, you'll be in permanent glide
- And realize it was there all along BRIDGE:

Do the things that you want become the things that you need The things that you have become stuff

Step out of the race and open up the space Let your heart and soul overflow with love

#### I'M DOING WELL 2:47

© 2010 & 2013 Greg Benedetto CHORUS: I'm doing well, I'd say, I'd say I'm doing well, I'd say Life is being good to me today I'm doing well, I'd say VERSE: We start out newborn in the now until we grow up with a plan It's all about the future, climb as high and fast as you can Two steps forward, one step back, the journey doesn't stop Strategize and methodize, until you reach the top VERSE: At what point do we turn around, and when do we learn fear What if things don't work out, and how did I get here We start to analyze the past and that's where we go wrong I've lived that way for a long time, that's the reason for this song VERSE: Everything that I've done, everywhere that I've been Has brought me to this point in time this I've finally seen Hindsight may be 20/20, but don't pay it too much heed If your past were changed, nothing remains And you're back to your misery VERSE: Well looky here, what's this I see, a place I've never been There's nothing in my rear view mirror, and nothing up ahead to be seen And suddenly I feel lighter, my baggage has disappeared I'm traveling light and I'm free tonight Happiness is in my sights I'm not worrying if it's wrong or right I'm just happy in the now and here **PRAY** 2:31 © 2012 & 2013 Greg Benedetto CHORUS: Pray for our country Pray for our leaders whoever they are

Pray for our families Pray for peace Pray for our children Pray for all those who are lost and afraid Pray for each other Pray for me VERSE: Throughout the ages We have relied on ourselves, and our God, and on each other Let us now come together in prayer VERSE:

Whatever the changes Rather than brace yourself, have faith and turn within Let us now come together in prayer

# THIS ROAD I'M ON 3:49

© 2001 & 2013 by Greg Benedetto

#### VERSE:

When I wake up in the morning -- and take my first step outside My mind is flowing with possibilities -- and I'm half-excited, half-terrified I'm looking back at the choices I have made The scenes play time and time again Then I turn the corner and I see what lies ahead It's all one big adventure as I face another day

#### CHORUS:

This road I'm on to where I'm bound From where I've been, I'm lost and found I'm always there - I can slow down but I can't stray, or turn around because there's nothing I can do to change the past I can only learn and hold the lessons fast The song goes on, as I move along this road I'm on

#### VERSE:

I could just hang my head in sorrow and say it just is not my day But then I would not see tomorrow - I'd miss the good that came my way As I encounter situations - what do I see? Is this what I've been waiting for? I could just close my eyes and hope it goes away But something's calling me to walk on through that open door

### IAM NOT MY BODY 3:20

© 2011 & 2013 Greg Benedetto

#### CHORUS:

I am not my body – I am not my thighs\* (eyes, etc. fill in the blank) What you may see before you is a part of my disguise Once you really get to know me, and see my inner soul You may have a glimpse of what it is that makes me whole

#### VERSE:

Where'd we lose track - it's time to get our inner sight back See who we are before we get to going too far I see in you the being that is trying to come through Eye to eye – toe to toe – heart to heart – soul to soul One to one – to one and all

#### CHORUS 2:

I am not my body – I am not my style What I dye and nip and tuck will be gone in a little while But I am more than flesh and bone – I am shining bright Now look around and see each others' lives becoming light

#### VERSE:

A good friend of mine put a different thought in my mind What you see when you look at me – It's given me a new reality To see what's in you – the being that is trying to come through I see you – you see when you see what I see And we'll see what we truly are I am not my body, etc.

### MY KIND OF PEOPLE 4:45

© 2002 & 2013 Greg Benedetto

#### VERSE:

So many kinds of people make our world You didn't choose your lifestyle for it chose you By judging one as wrong or even judging one at all We are prisoners of our own fear

### CHORUS:

You're my kind of people, living your own kind of life You're not afraid to be just who you are If you're willing to stand up and stand alone – not stand apart You stand side by side with me in the art Of being my kind of people -- my kind of people

#### VERSE :

Some may fear what is different than them Or what is far beyond their understanding Handed down through generations - replicated in our minds Let's celebrate a new paradigm

#### CHANT:

Intolerance is ignorance Prejudice is blindness Discrimination nullifies the hope of human kindness

#### VERSE :

I don't see the color of your skin I don't see your sexual orientation I don't see your religion – I don't see your beliefs All I see is your light within

#### WHEREVER I'M HEADED, I'M HEADED THERE 2:37 © 2010 and 2013 Greg Benedetto

# VERSE:

I know a man who got himself a really nice car It has a GPS so he won't stray too far He calls her Bitchy Betty 'cuz that's what she'll do If he goes a different route than what she tells him to

He just has a feeling if he follows his nose In a matter of time he'll get where he must go And even if his Bitchy Betty disagrees At least she provides him with some company

#### CHORUS:

We'll throw the map out the window, don't look at no signs Turn off the GPS - it'll be just fine My inner voice is taking me somewhere So, wherever I'm headed, I'm headed there

#### VERSE 2:

Oh, when I was a boy I had me so much fun I would wander the woods and follow the sun I didn't use my compass 'cuz I didn't really care I just kept walking until I got there

Now many times I think about the choices I make And I trust my gut for the right road to take It may not be logical – it may be insane But it's usually the choice with the least amount of pain

# I'M STILL HERE 3:54

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Surely, mine is the last voice you'd expect to hear right now But in the quiet of your mind, the door was open So, please don't mind if I come in and make myself at home To tell you what I know and where I've been

You see, I have felt your sadness I have watched you in your grief And it saddens me to see you in this way So, please don't mind if I begin – there's so much that I could say To tell you where I am and what I've seen

#### CHORUS:

I'm still here – I never left you Think of me as right beside you After all that we've been through How could I go (where would I go) I can see what you see, feel what you feel Know that both your life and my life are real I am there – you are here Final time: Only love, never fear, I'm still here

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# This Road I'm On

## VERSE:

The veil that comes between us Is a whisper, nothing more Between this life and the other There is nothing more to understand There is nothing but believing Don't waste any more time a-grieving

#### BRIDGE:

You might say, "Is this all in my mind?" I would say, "Why, of course it is so. But just because it's in your mind Doesn't mean it's not real, don't you know?"

# A MATTER OF TRUST 3:45

© 2012 & 2013 Greg Benedetto

#### VERSE:

There's a presence deep within me And it seems to always be there But when something happens to me, or comes my way I sometimes wonder how I managed, how this came to be

#### CHORUS:

It's a matter of trust When the voice is calling It's just a matter of trust To know that it is true

#### VERSE:

When you find yourself conflicted Do you doubt yourself sometimes Or do you just go on, avoiding the decision And yet, something's nagging, tugging at your sleeve

#### BRIDGE:

Give up resistance – embrace the persistence You'll know when you're on the mark Don't touch that dial – it could help for a while Talk less and listen now

# TAKETHESE GUNS 2:34

© 2003 & 2013 Greg Benedetto

#### CHORUS:

Take this gun away, I pray Take this gun away Take this weapon from my hand Take this gun away When I use this gun in anger or greed Then my soul dies and my heart bleeds Take this gun away, I pray Take this gun away

Fill my heart with love and peace Take this gun away Let the violence within me cease Take this gun away There's another way, yes, I believe I pray to God, my pain relieve Take this gun away, I pray Take this gun away

#### VERSE:

I used a gun to steal a car That car didn't get me very far I shot a gun to celebrate The bullet killed a child of fate I pointed my gun to steal some cash To buy some drugs and get me trashed I did the crime - now I'm doing time Doing time's no friend of mine Time to think about my mistakes And the innocent lives that I did take

#### I SAYYES 2:55

© 2010 & 2013 Greg Benedetto

I say yes....Oh I say yes.....

#### CHORUS:

Yes to consciousness - yes to my true friends Yes to nature's music - yes to the road that bends Oh I say, yes to loving you, yes to loving me Yes to believing, and yes to integrity

## VERSE:

Sometimes my mouth - charges ahead of my brain I swear I'll catch myself, but then I do it again I say "no" before I know it - I got to turn it around I'm making a commitment, and putting my foot down, as I say

## CHORUS 2:

Yes to vision, yes to spontaneity Yes to being challenged, and yes to being free Oh, I say, yes to youthfulness, yes to the child in me Yes to experience, and yes to what is to be

#### VERSE:

No one can stop me, though they may analyze You don't know 'til you see - through others' eyes No one can stop me, 'cept for myself It's time to put excuses – up on the shelf, so I say......

#### CHORUS 3:

Yes to freedom, yes to the sun above Yes to self expression, and yes to agape love Oh I say, yes to happiness - yes to my fellow man Yes to my divinity - yes we can, yes we can say

Yes to the unexpected, yes to the never before Yes to the uncomfortable, and yes to less is more Oh I say, yes to the renaissance, yes to unity Yes to awareness, and Yes to my brothers, yes to each other, and yes to humanity!

### FLYING HIGH 4:28

© 1995 & 2013 Greg Benedetto

#### VERSE:

Everywhere I look I see the storm clouds coming on Rumbling loud and dark along the way It seems I need to see the light but there's no happy end in sight But in my mind's eye I can see a place where I can go and just be me

### CHORUS:

I'm flying high above the shadows, the troubled waters far below I'm flying high above the raging clouds that keep the others flying so-lo Now, you, too, can join me - it's in your power to choose The strength that we could share would surely Burn away the clouds and set us free

#### VERSE:

Different situations - same conclusions Choices to be made day after day Do I go along with them who mean well but don't understand The reason I need to rise above The darkened thoughts so I can just see love

#### BRIDGE:

The path we take - is our own It's been that way - all along Fellow travelers who've lost their way

# This Road I'm On

Don't let them interfere - fly straight and clear There's one true voice that is at your command The one you can depend on - to take your hand

#### TAG:

Set us free - set us free - set us free - set us free Set us free

# **RESOLUTIONS** 3:10

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#### VERSE:

Gonna spend more time with family and get to know my friends Gonna spend more time with others than myself Write my bucket list and do half the things I never do And take my dusty dreams up off the shelf

I'm gonna lose a bunch of weight - gonna get myself in shape Love the way I look and feel from now on Gonna throw away some junk - gonna empty out my trunk Finally organize my clutter 'til it's gone.

#### CHORUS:

I've got some New Year's resolutions It's a kind of institution All it takes is some execution in the coming year Beneath the rubble of my stuff, there is a diamond in the rough I'll see the meaning of my life come shining through

#### VERSE:

Gonna burn up all those cigarettes and wash away the pills Get addicted to a healthy attitude Volunteer in my community and discover something new Bathe myself in love and gratitude

Gonna pay off all my debts Gonna give more than I get Be more prosperous and generous and kind Gonna finish what I start Put my music on the charts That'd be one giant leap for this mankind

### CHORUS:

We've got some New Year's resolutions It's a kind of an institution All it takes is some execution in the coming year Beneath the rubble of our stuff, there is a diamond in the rough So let the meaning of your life come shining through

### TAG:

Gonna give up procrastination I've been putting it off too long I'll see the meaning of my life come shining through So let the meaning of your life come shining through

### EVERYTHING 3:13

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#### VERSE:

I don't have a house on the ocean – I don't have all the shiny things I have some money, and it may sound funny But, it isn't all there is for me You see, I have the love of my life and I'm doing what I love to do Add my faith and beliefs, it's a sure recipe For happiness for me and you

### CHORUS:

I have everything, everything I need right now If you shut the door, I wouldn't need any more in my life I could worry about the future, and plan for catastrophe Or take what I've got, yes, it's a heck of a lot And it's enough for you and me I have everything, everything I need right now

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#### VERSE:

Some call it the law of attraction, and that sounds attractive to me When we let all our stuff get us stuck in the rough It feels impossible to break free Well, don't you lose faith – abundance is yours for a song On the other side, you'll be in permanent glide And realize it was there all along

#### BRIDGE:

Do the things that you want become the things that you need The things that you have become stuff Step out of the race and open up the space Let your heart and soul overflow with love

# I'M DOING WELL 2:47

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#### CHORUS:

I'm doing well, I'd say, I'd say I'm doing well, I'd say Life is being good to me today I'm doing well, I'd say

#### VERSE:

We start out newborn in the now until we grow up with a plan It's all about the future, climb as high and fast as you can Two steps forward, one step back, the journey doesn't stop Strategize and methodize, until you reach the top

#### VERSE:

At what point do we turn around, and when do we learn fear What if things don't work out, and how did I get here We start to analyze the past and that's where we go wrong I've lived that way for a long time, that's the reason for this song

#### VERSE:

Everything that I've done, everywhere that I've been Has brought me to this point in time - this I've finally seen Hindsight may be 20/20, but don't pay it too much heed If your past were changed, nothing remains And you're back to your misery

#### VERSE:

Well looky here, what's this I see, a place I've never been There's nothing in my rear view mirror, and nothing up ahead to be seen And suddenly I feel lighter, my baggage has disappeared I'm traveling light and I'm free tonight Happiness is in my sights I'm not worrying if it's wrong or right I'm just happy in the now and here

## **PRAY** 2:31

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#### CHORUS:

Pray for our country Pray for our leaders whoever they are Pray for our families Pray for peace Pray for our children Pray for all those who are lost and afraid Pray for each other Pray for me

### VERSE:

Throughout the ages We have relied on ourselves, and our God, and on each other Let us now come together in prayer

# VERSE:

Whatever the changes Rather than brace yourself, have faith and turn within Let us now come together in prayer

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